



## GOPALPUR COLLEGE, GOPAPUR, BALASORE

### DEPARTMENT OF HOME SCIENCE

TOPIC:- "Home Science Education, its values and impact on society".

DATE:- 21.12.2015

RESOUCE PERSON:- Mrs. Basumati Panda  
Balasore Mahila College, Balasore.

#### Objectives of the Seminar:

- Home science is a dynamic and ever growing field of education.
- It is an applied field built upon both the discipline of science and humanities.
- It helps student self independent.



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## GOPALPUR COLLEGE, GOPAPUR, BALASORE

### DEPARTMENT OF HOME SCIENCE

TOPIC:- "Role of ICDS in preventing malnutrition"

DATE:- 27.02.2016

RESOUCE PERSON:- Mrs. Mamata Baral, Nilgiri Women's College, Nilgiri. Balasore

#### Objectives of the Seminar:

- The objectives of the scheme are to reduce the incidence of mortality, morbidity, and malnutrition and school dropout.
- To achieve effective co-ordination of policy and implementation amongst the various departments to promote child development.



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**GOPALPUR COLLEGE, GOPAPUR, BALASORE**  
**DEPARTMENT OF HOME SCIENCE**

**TOPIC:- "Malnutrition"**

**DATE:- 05.11.2016**

**RESOUCER PERSON:- Mrs. Monalisa Jena,**  
**Remuna Degree College, Balasore.**

**Objectives of the Seminar:**

- To improve child nutritional status in both weight and height
- To reduce malnutrition rate to medium level defined by WHO.
- To eliminate high level of malnutrition in all regions, and to control overweight/obesity in children



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**GOPALPUR COLLEGE, GOPAPUR, BALASORE**

**DEPARTMENT OF HOME SCIENCE**

**TOPIC:- "Dowry system in India"**

**DATE:- 11.02.2017.**

**RESOUCCE PERSON:- Mrs. Namita Rani Dutta of Balangi Degree College, Sunhat, Balasore**

**Objectives of the Seminar:**

- To promote marital and family harmony.
- To actively work for creating a dowry free society without adversely effecting the institution of marriage, family structure and implication of innocents.
- To provide a platform for fighting against misuse of dowry laws.
- To create awareness about current dowry/cruelty/harassment related laws and their detrimental effects on family members including husband, wife, their children and relatives.



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## GOPALPUR COLLEGE, GOPAPUR, BALASORE

### DEPARTMENT OF HOME SCIENCE

TOPIC: "Breast feed is the best feeding"

DATE: 05.08.2017

RESOUCE PERSON:- Dr. Dipika Kar, Gopalpur College, Gopalpur

#### Objectives of the Seminar:

- Breastfeeding helps protect a baby from many illnesses.
- Breastfed babies have fewer health problems than babies who don't breastfeed.
- It changes as your baby grows so he gets exactly what he needs at the right time.
- It's best to feed your baby only breast milk for at least 6 months.



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## GOPALPUR COLLEGE, GOPALPUR, BALASORE

### DEPARTMENT OF HOME SCIENCE

TOPIC:- "Consumer in India"

DATE: 29.01.2018

RESOURCE PERSON:- Mrs. Mamata Barala of Nilgiri Women's College, Nilgiri, Balasore

#### Objectives of the Seminar:

- To Provide better and all round protection to consumer.
- To provide machinery for the speedy redressal of the grievances.
- To create framework for consumers to seek redressal.



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## DEPARTMENT OF HOME SCIENCE

**TOPIC:**

**"Women Empowerment"**

**DATE:**

**18.09.2018**

**RESOURCE PERSON:- Bandana Roy, Balasore Mahila College, Balasore**

### Objectives of the Seminar:

To promote gender equality and the empowerment of women as effective ways to combat poverty, hunger and disease and to stimulate development that is truly sustainable. 24 no.s of student participants in this seminar.



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## DEPARTMENT OF HOME SCIENCE

**TOPIC:**

**"Hindu Marriage"**

**DATE:**

**15.02.2019**

**RESOURCE PERSON:- Bandana Roy, Balasore Mahila College, Balasore**

Objectives of the Seminar:

- The religious texts of many communities in India have outlined the purpose, rights and duties involved in marriage.
- Among the Hindus for instance, marriage is regarded as a socio-religious duty.
- 24 nos of student participated in this seminar.



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## DEPARTMENT OF HOME SCIENCE

TOPIC: "Anemia its cause and remedies" DATE: 23.09.2019

RESOUCE PERSON:- Mrs. Monalisa Jena of Remuna Degree College, Balasore.


### Objectives of the Seminar:

- The goal of treatment is to increase the amount of oxygen that your blood can carry.
- This is done by raising the red blood cell count and/or hemoglobin level. (Hemoglobin is the iron-rich protein in red blood cells that carries oxygen to the body.)
- Another goal is to treat the underlying cause of the anemia.
- 20 members were remaining present in this seminar



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## DEPARTMENT OF HOME SCIENCE

**TOPIC: "Diabetics its cause and remedies"**

**DATE: 17.02.2020**

**RESOUCER PERSON:- Mrs. Namita Rani Dutta of Balangi Degree College, Sunhat, Balasore**

### Objectives of the Seminar:

- The goal of treatment is to increase the amount of oxygen that your blood can carry.
- This is done by raising the red blood cell count and/or hemoglobin level.
- Another goal is to treat the underlying cause of the anemia.
- 21 members were remaining present in this seminar



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